## Ramadan

WHAT TO KNOW

MARCH 10-APRIL 10

This is a month for fasting by practicing Muslims from dawn until dusk (Approximately 5 a.m.-7 p.m.).

Fasting means no Food or Drink (including Water) and it means prayers late into the night (sometimes past midnight) that include reading the Quran more during this time.

Students who identify as Muslims may be tired, hungry, and dehydrated especially later in the afternoon.

This month is scheduled on the lunar calendar, thus, it moves dates each year.





