

AFTER-WORDS

A NEWSLETTER FOR THE RETIREES OF THE
FOOTHILL-DE ANZA COMMUNITY COLLEGE DISTRICT

VOLUME XLII, ISSUE 3

WWW.DEANZA.EDU/FODARA

JANUARY 2021

Holiday Zoom Party Recap

Forty-five folks were on screen for the December 18 FODARA Holiday Zoom Party! Special guests included FHDA Chancellor Judy Miner, Martha Kanter, and Dolores Chasuk. A number of participants "flew in" from far away places: Arizona, Colorado, Hawaii, North Carolina, and Oregon. The festivities began with attendees introducing themselves, sharing their position at FHDA, retirement date, location, favorite holiday food and drinks (see p. 3). Time was then spent on mingling and reconnecting. Throughout the hour-long event, raffle tickets were drawn and lucky winners received an Amazon gift card. At the end as a special treat, Dee Robinson, retired Foothill College Counselor and co-founder of the Foothill Gospel Choir, sang festive renditions of Deck the Halls and Jingle Bells for all to join in. More photos are on p. 4 and posted on the FODARA website: <http://www.deanza.edu/fodara/pictures.html>.



↗ Yes, that's a photo of Joe and Jill Biden with Cheryl Hylton—perhaps she will share the story of how she met them for the next issue of *After-Words*!

FODARA BOARD OF DIRECTORS 2020-21

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Newsletter Editor	Linda Lane		lanelinda@fhda.edu

FODARA EVENT CALENDAR 2020-21

Mar 02	Tues	Board Meeting	TBD	via Zoom*	Open to All
Apr		Wine Tasting--	TBD		Open to All
May 04	Tues	Board Meeting	TBD	via Zoom*	Open to All
June		Summer Picnic--	TBD		Open to All

* To join a Zoom Board meeting, email FODARA Secretary Tom Roza for link/password.

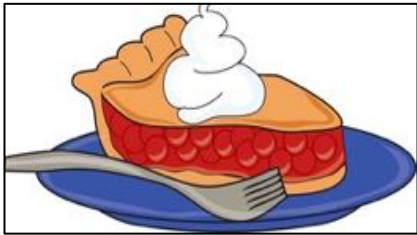
FODARA COMMITTEES 2020-21

District Benefits	Tom Strand, strandtom@fhda.edu Faith Milonas, milonasfaith@fhda.edu
After-Words Email	Cindy Castillo, cindycastillo@comcast.net
After-Words Paper Mailing	Janice Carr, janicecarr@pacbell.net
Scholarships	Mike Brandy, brandymike@gmail.com
Social Events	Volunteers needed to help plan/host zoom parties!

Updates for Retirees who Receive District Health Benefits (Pre-'97 Hires)

For Jan 2021 only (a one-time event), the District combined the December monthly medical plan cost reimbursement with the quarterly Medicare Part B reimbursement into one large direct deposit, instead of two as in the past. Additionally, though retirees' 2021 health plan costs did **NOT** increase, the District's cost did increase; therefore in 2021 for some retirees the deduction for "insurance" from their monthly CalSTRS/CalPERS pension check is higher than in last year. But this increase is offset entirely by the exact same amount being added to their monthly FHDA medical reimbursement.

HOLIDAY ZOOM PARTY FAVORITES!



FAVORITE FOOD

1st Place: Pie!

2nd Place (5-way tie): Cake, Cookies, Crab/Seafood, Prime Rib, Tamales/Mexican Food

3rd Place (4-way tie): Fudge, Ham, Pasta, Pudding

FAVORITE DRINK



1st Place: Wine! (50-50 red vs white)

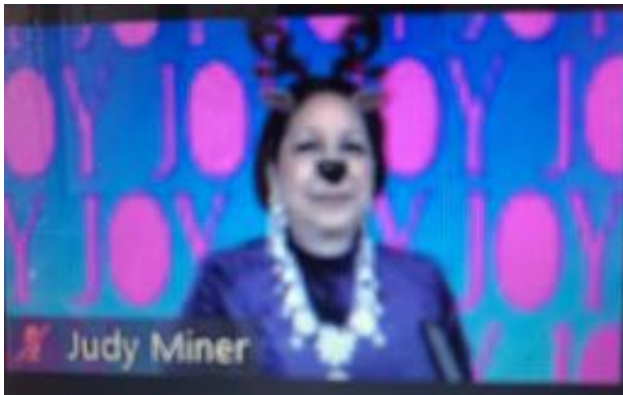
2nd Place: Egg Nog-- with a little "spice" added!

3rd Place: Cocktails

A complete list of votes is on the FODARA website: <http://www.deanza.edu/fodara/pictures.html>.

MORE HOLIDAY PARTY ZOOM PHOTOS!

A *special* thanks to Chancellor Judy Miner and former Chancellor Martha Kanter for attending and for their on-going generous support of FODARA!



And to the many folks new to FODARA social events, a BIG thank you for dropping in!



Join or Renew Your Membership



It's a new year so the perfect time to send in your 2020-21 voluntary \$10 FODARA dues! These dollars fund FODARA's student scholarships and these days students definitely appreciate financial assistance. Because many of you used to bundle dues with your registration payment for a social event (and all are currently on hold), we are receiving fewer dues.

Thanks to those of you who *have* sent in your dues—I appreciate the kind notes that some of you included with your checks. I know it is a hassle to make out and post a \$10 check, so, if you would prefer, make out the check for \$50 and then forget your dues for the next four years (I no longer track who has paid what and when). Send your check, made out to "FODARA," directly to me, **Treasurer Ed Burling** at this address: 17700 Bruce Ave., Monte Sereno, CA. 95030. You can also donate to the FODARA scholarship fund online via the FHDA Foundation: <https://secure.donationpay.org/fhda/>; under Designate Your Gift, type in "FODARA scholarship fund."



More Ways to Support FODARA!

Help Plan or Host a virtual Social Event: Some annual winter and spring 2021 events could be transformed into virtual get-togethers via Zoom, e.g., a Valentine's party, wine-tasting, sports "game." **Or, if interested in planning a NEW social—a Zoom music jam or book recommending party—**email Mike Paccioretti (paccioretimike@sbcglobal.net) or Cindy Castillo (cindycastillo@comcast.net).



Volunteer for the Board or a Committee: FODARA *always* welcomes new Board and/or committee members! Currently, all meetings are held via Zoom. If interested, contact Mike Paccioretti.



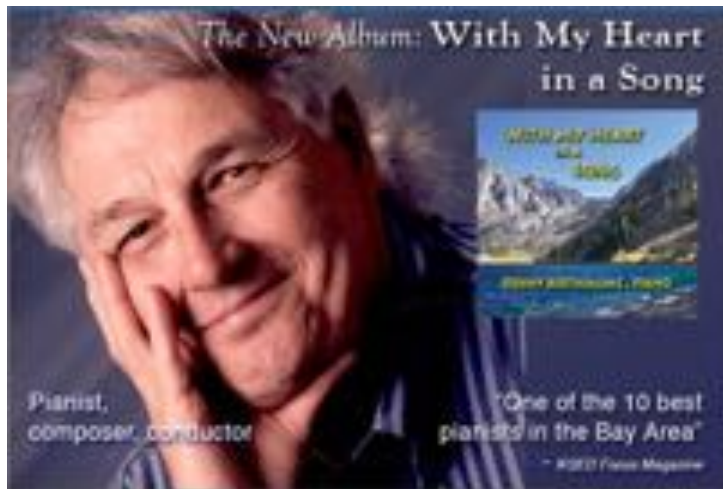
Keep in Touch: For *After-Words*, submit your responses/photos to the Q&A format (see p. 7-8) or an article with an update on your life these days, a report on an event you experienced, examples of how you keep busy/cope during the covid-19 pandemic, or your artwork/photos/projects. Email a draft—subject to editing—to *After-Words* editor Linda Lane (LaneLinda@fhda.edu).



Invite FHDA Friends to Join FODARA: Help FODARA increase its membership: when in contact with FHDA friends and former colleagues—via email, phone, Facebook, Twitter—if they are not a member of FODARA, direct them to the website (<http://www.deanza.edu/fodara/>) and encourage them to sign up by emailing Cindy Castillo.

The FHDA **retiree webpage** (http://hr.fhda.edu/benefits/_retirees.html) is updated and reorganized so that important and time-sensitive information is easier to locate. The main page now contains general information for retirees and prospective retirees, e.g., forms for benefit enrollment and other changes and details/links on CalPERS and Medicare. At the top are two new sections—one for pre-'97 and one for post-'97 hires; each has a link to a subpage with specific health benefit information for that group.

RETIREE UPDATES

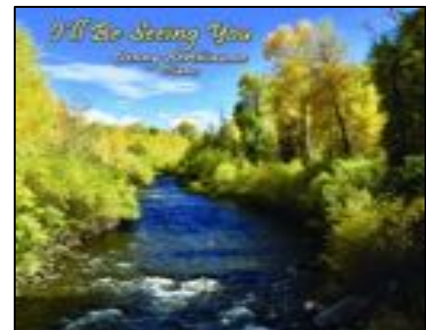


For the past two years, **DENNY BERTHIAUME**, retired Foothill College English and music instructor, has been busy creating piano solo albums. If you enjoy listening to classic love songs, you'll love his latest one, *With My Heart in a Song*. Denny has remixed and restyled these and other favorites:

"People Will Say We're In Love"
 "Smoke Gets in Your Eyes"
 "Just One of Those Things"
 "The Sound of Music"
 "Bewitched, Bothered, and Bewildered"

I'll Be Seeing You, his 5th solo album (2019), received very good mention by music critics. Along with two original compositions, it invigorates and re-harmonizes timeless and unforgettable songs from the 1920's to today for a fresh take, including these standards:

"Love is a Many Splendored Thing"
 "The Girl from Ipanema"
 "More Than You Know"
 "Too Marvelous for Words"
 "Blues in the Night"



Both CD's and others-- songs from *West Side Story* and jazz impressions of *The Wizard of Oz*-- are available to purchase on Denny's secure website: <https://www.dennyberthiaume.com/index.html>

During most of 2020 Denny was unable to play at live performances so turned his creative energies to a new venture:

*I'm blessed that I have had a project full of passion to guide me along this pandemic. In the late 1990s, I got very interested in a project that takes opera music (mostly vocals) and re-harmonizes the melody (i.e., new chords, new structure). I've been including classical music (Chopin, Beethoven, etc.) in my solo piano repertoire of live public playing forever. I wanted to bring some of the 18th-20th century harmony into the 21st century. So I've spent time since mid-March (my last public playing with others) to arranging 12 pieces. I'm gratified with what I have; now, as is always my wont, I'm learning to play the music I've arranged. I'm at 80% satisfaction now. I hope to get into the studio (or, as was the case with 2019's *I'll Be Seeing You* project, record in my own studio) by late February or early March 2021. The producer, recording engineer, and I mixed the current project using Zoom and some new audio software called *listento*. Amazing!*

In the Q&A below, **BRIAN STANLEY** shares details of his Foothill College career and his recent experiences and thoughts as a retiree.



Q: What was your position at Foothill, when did you start and when/why did you retire?

A: I started my Foothill teaching career in January 1980 at the start of the Winter Quarter. I had emigrated from England two years prior and, through a job at Intel, had acquired my Green Card. But education had always been my calling, and I had known from a very early age that this was an area in which I wanted to serve. I started in the engineering department teaching Electronics and Engineering courses and remained in that division for ten years.

By the end of the 1980's, the vocational electronics program was declining and retirees were not being replaced. With Bernadine Fong and Gene Seelbach's encouragement, I returned to school in 1990 to earn a second MS, this time in mathematics, with the ultimate goal of moving into the math department. I spent the next twenty-seven years in the mathematics department, most of it some of the best and most exciting years of my career. Then toward the end of that time period, I took on an additional role as conciliator for the Faculty Association, which was a welcome change from a full-time teaching load. As the second decade of the two-thousands came, I started to feel less and less relevant in a system that was moving in directions that I could not in good conscience or enthusiastically support. At the same time I was starting to spend increasing amounts of time in the Santa Cruz area where my passion for music was being rekindled. So in late 2016, I decided to retire and my last day at Foothill was March 31, 2017.

Q: Where do you live now?

A: I live in Aptos, California, having moved over here in 2018. I was born in a town not too far away from the sea (in Yorkshire, UK) and always wanted to come back, though I must say that the North Sea where I grew up cannot compare with the beauty of the Pacific Ocean, which is now practically at my doorstep.

Q: How was the first year of retirement— easy or difficult transition?

A: My life as an educator consumed most of my waking hours for the thirty-seven years I taught at Foothill, and I had a considerable amount of anxiety associated with the prospect of being retired. What would I do with all of this additional time? Would I lose my sense of purpose? How would I handle going from a work schedule of ten-hour days to a life of leisure? Surprisingly all of this anxiety was in vain, as I adjusted to retirement in virtually no time at all. The first year I was kept pretty busy with my search for a new place to live. The Bay Area was no longer a desirable place for me, and I wanted to be close to the ocean so spent a good portion of 2017 and early 2018 looking around Santa Cruz and the surrounding areas, finally settling in Aptos steps from the beach.

Q: In general what do you like most/least about retirement— how is your life different?

A: What I enjoy most about retirement is the total lack of stress in my life and how I am able to— as the saying goes—"smell the roses" each day. Finally everything I do is because I want to do it, and I spend no time having to do things I don't like (for example: grading !). And, though I miss

seeing my students' faces in the classroom, I would have to say that I do not miss the fifteen hours of grading I performed week in-week out, year upon year, which had become the bane of my existence, especially in later years. About the only thing I do not like about retirement is having to answer, "I am retired" when I meet people on the beach and they ask me what I do.

Q: How do you keep busy— interests/activities/hobbies/projects you enjoy?

A: Over the years I accumulated a large library of books that had been sitting on my shelves unread because of a lack of time. I have been getting through this backlog of books and now almost three years post-retirement, I still have many unread books on my shelf. I try to stay active by walking every day and riding my new e-bike, which I love. I can walk six miles on the beach at low tide and I try to do this as many times as I can each week. I also spend about two-three hours per day playing my keyboard, something I had virtually no time for when I worked. And retirement has afforded me the luxury of being able to dust off my old drum kit, which had been dormant in my garage since 1985, and resume playing with various groups of people around Santa Cruz, of which there are many! One of the great highlights has been joining a Beatles Jam Group that gets together regularly throughout the year and puts on three-hour singing marathons for Beatles fans, though COVID has put a stop to that for the time being. Up until 2020, I was teaching one quarter per year under *Article 19* but COVID has also ended this because I am not willing to go virtual. I had also planned to do some traveling, but that has yet to come to fruition, and it is looking increasingly likely that it may not even begin this year.



Q: What advice do you have for people thinking about retiring?

A: I read two books prior to retiring, both of which I found very helpful in preparing for my new life: one is titled *Younger Next Year* and the other *Life Reimagined*. My advice for those considering retirement is definitely to think a lot about what you will do BEFORE the retirement day arrives. If possible, take advantage of *Article 18* to ease out of the work routine for a year or two before you finally cut the knot.



According to the online FHDA District Board minutes, one person retired at the end of Fall Quarter 2020:

➤ *Emanuel DaSilva, DA College Operations*

Apologies if anyone was inadvertently excluded.

We wish all retirees a happy, healthy post-employment life! New and "old" retirees are invited to join and support FODARA by signing up for the listserv (email cindycastillo@comcast.net) and by volunteering to serve on the Board or another committee—meetings currently held via Zoom—(email paccioirettimike@sbcglobal.net). Keep in touch by sending your \$10 voluntary dues to Treasurer Ed Burling (see top of p. 5) and by submitting an article for *After-words* (email newsletter editor lanelinda@fhda.edu). When life returns to normal, please plan on attending the annual social events. For more information about FODARA and the many great services it provides to retirees, visit <http://www.deanza.edu/fodara/index.html>.

In Memoriam



Sharon Chatman
Jerry Cole
Frances M. Frazer
Setsuko Hirano
Mae Kawaguchi

Susan L. Malmgren
Judith Moss
Ray Sarria
Paul E. Trejo



Sharon Chatman, 73, died in late December at home. Her friends—and there were many—remember Sharon as someone who always made them feel special. She was born and raised in Bakersfield and went to California Polytechnic University in San Luis Obispo, where she played point guard on the women's basketball team. Sharon fell in love with the sport, which led to two decades of coaching. After graduation, she first coached basketball at a high school in San Jose then at De Anza College. In 1976, she became the head women's basketball coach at San Jose State University, where she coached until 1986; she was inducted into the SJSU

Sports Hall of Fame in 2004. Chatman retired from her basketball career to pursue her Juris Doctor at the University of California Hastings College of Law and graduated in 1989. She was admitted to the California State Bar that December, and in 2000 was appointed as a judge for the Superior Court of Santa Clara County; she retired in 2020.



November 29, 2020, **Frances Mary Frazer**, 87, passed away peacefully in the San Francisco Bay Area, where she resided since 1966. Fran was born in Munising, Michigan, and every summer she returned to the Upper Peninsula to share the charm of small-town living, her extended family, and the great outdoors with her four children: John, Richard, Kelly, and Robert. Throughout her life, Fran continued to take a September trip to visit her sister and two brothers and to view the spectacular autumn colors of the forest. Fran returned to college after raising her family and eventually worked at De Anza College as a math and psychology instructor until age 77. Her love of coffee and celebrations, big and small, inspired her colleagues to dub her the "queen of the staff lounge," aka the Fun Room; her retirement plaque reads in part: *We especially want to thank you for your many years of kindness in sharing and hosting collegial celebrations and fun*

filled, inspirational conversations during coffee/camaraderie breaks in the Fun Room. A longtime advocate for the preservation of nature, Fran shared her love of nature with her family on camping trips around the country, visiting many of the local and national parks in North America, including Canada, Alaska, and Hawaii. She supported Green Peace and the Sierra Club and was a founding member and continual supporter of the Monterey Bay Aquarium Foundation. As a lifelong music lover, Fran regularly attended the Monterey Jazz and Ravinia Music Festivals.



Setsuko Hirano, 90, died December 25, 2020. She passed peacefully in Sacramento after a short illness. "Sets," as she was always called, worked at De Anza College as the Administrative Assistant to Don Perata, the Vice President of Student Services. He recalls her fondly: *"Sets provided invaluable support for me during my time at De Anza. She was an excellent administrative assistant and also a friend. I feel fortunate to have worked with her for so many years. I am heartbroken to hear about her passing."* Chancellor Judy Miner also remembers Sets well: *"My office was next to Don's, so I spent years working with Sets. I practiced Japanese with her and got to know her husband Frank, who picked her up every day. She was wise, smart, funny, and dedicated."* **Mae Kawaguchi**, 94, died December 13; she also worked in the De Anza Administration Building and was a colleague and close friend of Sets.



Susan Lynne Malmgren, 74, passed on peacefully Christmas morning, December 25, 2020, with family at her side. Susan received her Bachelor of Arts degree from UC Santa Barbara with graduate studies in business, marketing, education and accounting. She was a very independent woman, determined to follow her own path. Her interest in technology was sparked after graduation from UCSB in 1968 when very few women worked in the industry. Throughout her career—much of which took place in Silicon Valley—she wore many hats covering all aspects of system implementation and automating and improving business processes. After her career in the private sector, she worked for Foothill-De Anza Community College District and especially enjoyed using her expertise to facilitate programs for students and staff. She worked for ETS on both campuses and most notably ran the CompTechs Program, in which the colleges received gently used computers from the local tech industry; she taught student employees to strip and refurbish them; the computers were then distributed by the campus Financial Aid Offices to needy students. Before retiring, she was part of the ETS team that transitioned the campuses to Banner. Always being a particularly creative person and a lover of bright colors, Susan created wonderful abstract paintings and expressed her feelings through colorful sculptures she crafted from her paintings. She was an extraordinary knitter and a generous mentor to those who sought her help. Upon retirement in 2013, Susan wished to be near the ocean again and quickly found her spirit home in the small Central Coast community of Los Osos. There she expanded her love of art, made a wonderful life for herself, and enjoyed a circle of generous, like-minded friends. A lover of cats and the warm sun on her face, she made the most of each day.



Judith Moss, 96, died peacefully December 13, 2020, surrounded virtually, via Zoom, by her adoring family. Judy had a keen intellect and a sharp sense of humor, both of which she retained until the last day of her life. After completing her BA degree at Vassar College during World War II, Judith was offered a job working on the development of computers at MIT but joined the Statistical Research Group, U.S. Navy. She later received an M.A. in Economics, and, very much later, in Computer Engineering from Stanford. A pioneer in the computer field, she saw its potential when few did and faced and overcame many obstacles to advance her career in a male-dominated world. In 1966 she moved to California to work in Lockheed's information systems

venture then started a new career in educational administration at the San Francisco Community College District, retiring from there as interim Vice-Chancellor. In 1972, she became the first woman elected to the Mountain View City Council and later served as its first woman Mayor for two terms. After she retired, she remained active as a member of the Board of Trustees of the Foothill-De Anza Community College District. At the time, she said the District kept her so busy that she had more time when she was working.



Paul E. Trejo, 93, passed away at his home in Newburgh, Indiana, on September 15, 2020. Paul grew up in the coastal town of Pacific Grove, California where he lived until his graduation from high school. At the age of twelve he worked on a commercial fishing boat during the summer and that experience sparked his love of the sea and the life of a sailor. In July 1944, Paul reported to the navy as an Aviation Cadet and in 1955 enrolled in the Naval Post Graduate School in Monterey, California, where he earned a degree in electrical engineering. He joined the Naval Reserve in 1959 and retired in 1984 with the rank of Captain after forty years of service. During Paul's reservist years, he attended San Jose State University, where he earned a master's degree in physical science. While attending the university, he was asked to teach physics as well, and, after two years, left the university to teach at the Foothill-

De Anza Community College District. His primary subject was astronomy, but he would fill in as needed to teach physics and engineering circuit analysis. He installed and ran the planetarium at the Foothill campus and later at the De Anza campus, retiring from the District after twenty-eight years. He authored an astronomy textbook as well as three math books during his years at FHDA.

If you know of an FHDA retiree who passed away but is not listed on FODARA's In Memoriam webpage (<http://www.deanza.edu/fodara/memoriam.html>), please email Cindy Castillo (cindycastillo@comcast.net). Tributes submitted to Cindy by family, friends, or former colleagues will be published in After-Words, and, if available online, short tributes for others who passed will also be included.

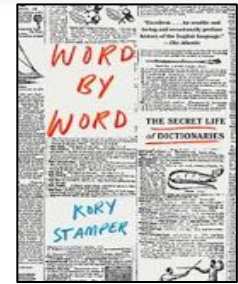


Got Books?

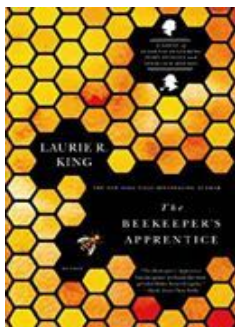
Since most of us have plenty of extra time these days and reading is a pleasant and thoughtful pastime, please share your favorite books. Email title/author and a brief description of the book to Cindy Castillo (cindycastillo@comcast.net); she will post the details on the FODARA website under the "Good Books" link and the books will be featured in an issue of *After-Words*.



Kay Thornton retired from being Foothill College's Fine Arts Facilities Coordinator in 2017 but continues teaching in the Media Studies Department. In her spare time, she likes to read—a *lot*. She recommends *Word by Word*, by Kory Stamper (2017), because, as it delves into the life of a lexicographer, readers gain insight into what an English dictionary does and does not do. With wit and charm, Stamper reveals how our language is recorded and some of the consequences.



From the publisher: this book details the complex, obsessive world of lexicography, from the agonizing decisions about what to define and how to do it, to the knotty questions of usage in an ever-changing language. Stamper explains why small words are the most difficult to define, how it can take nine months to define a single word, and how our biases about language and pronunciation can have tremendous social influence. She also reveals little-known facts—"OMG" was first used in a letter to Winston Churchill in 1917—and includes her own stories from the linguistic front lines, including how she became America's foremost "irregardless" apologist, despite loathing the word. Stamper spent almost two decades writing dictionaries at Merriam-Webster and blogs regularly on language and lexicography at www.korystamper.com.



Kay also recommends Laurie King's *Beekeeper* series, starting with *The Beekeeper's Apprentice* (1994), in which a young Mary Russell, born at the turn of the last century, meets an aging Sherlock Holmes on the Sussex Downs in 1915, where he has retired to the countryside to raise bees. Seventeen novels follow, each celebrating mystery, intellect, intrigue, and adventure. Ms. King is a local, calling Santa Cruz her home and frequently supporting causes and writers from the Bay Area. The publisher notes the original way that King chose to "extend" the Holmes canon: Mary doesn't just replace Watson—Holmes' at times baffled companion—but becomes Holmes' apprentice, working side by side with him to learn his craft and methods of solving crime.

A recommendation from **Linda Lane**, AW Editor: If you can never read enough mystery stories and are looking for something *completely* different... try Swedish writers Maj Sjöwall and Per Wahloo's "best in the world" police procedural novels written from 1965 to 1975, ten books starting with *Roseanna*. The lead detective, Martin Beck, is an unhappy man—always slightly ill, in a bad marriage, loathes his superiors—but still manages to conduct his investigations thoughtfully, thoroughly, and with respect for victims. Though the culprit is not revealed until the very end, a la Poirot, these books are not Agatha Christie "who dunnits"—in each, misery, poverty, alcoholism abound. Both committed Marxists, the married couple authors infuse the later books, e.g., *The Locked Room*, with scathing social commentary about the pitiful state of the common man and the absurdities of ever-corrupt and always incompetent government agencies (including the police). As Beck inches slowly toward solving crimes, his colleagues turn into a Swedish version of the Keystone Cops—bungling evidence and arriving at the wrong crime scenes. The sharp commentary on society's failings is fascinating and remarkably relevant today.

