

# Career Life Planning, Counseling, Human Development

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De Anza College

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## ISLO

### Communication and Expression

- Communicates clearly
- Express themselves creatively
- Interpret thoughtfully and logically
- Engage actively in dialogue and discussion, while paying attention to audience, situation, and (inter) cultural context

### Information Literacy

- Recognize when information is needed
- Locate, critically evaluate, synthesize, and communicate information in various formats
- Critically evaluate information in various formats
- Synthesize information in various formats
- Communicate information in various formats

### Physical/Mental Wellness and Personal Responsibility

- Recognize lifestyles that promote physical well-being
  - Recognize lifestyles that promote mental well-being
  - Engage in self- reflection and ethical decision-making
  - Explore career choices and life goals
  - Practice effective individual and collaborative work habits
  - Demonstrate a commitment to ongoing learning
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